Consortium of Continuing Care: Resources for End of Life Conversations
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What I Did

The Consortium of Continuum Care is an organization developed and established through personal experiences in the logistics of purposeful care for those loved ones facing end-of-life concerns. This faith-based non-profit is designed to help educate individuals with the nuances of care, help individuals understand their rights, and to help establish care partnerships to ensure that the person in crisis receives the best support during this difficult time of life.

Why I Did It

This organization is very personal to me because I was tossed in the lions’ den when my octogenarian parents faced medical crises at the same time. There were services and programs available, but many were not discovered until it was too late.

I discovered in this journey that many individuals did not have a clear understanding of the system and that many services were not offered in a manner that was clearly or easily accessible.

Who I Worked With

Initially, CCC worked with Morning Star Baptist Church in designing and implementing a collaboration with their bereavement and benevolence ministries. Currently, we have expanded our services to other faith-based organizations to help educate individuals on self-care options.

We also worked with healthcare managers, lawyers, and nurses to help develop inclusive services that may be needed in the future for clients who seek our services.

I am currently working with healthcare managers, Meals on Wheels, Wynn Law Offices, Williams Financial Services, and local area churches. We have a meeting in early April with a mental health organization, substance abuse organization, and a MS organization representatives to discuss connectivity to establish ongoing collaborations for the near future.

We have been continuing with our research using sources like governmental websites and medical professionals. We have discovered new information and resources to have enabled me to create new pockets of information to share.

What We Accomplished

I realized that for both myself and all my participants, discussions about end-of-life preparation are filled with difficult emotions.

Dealing with my own emotions associated with the loss of family members became an unforeseen hurdle in advancing my project. And in my initial conversations with participants, they were not comfortable discussing end-of-life decisions.

As a follow up to my original project work, we were able to develop partnerships and are forming collaborations with organizations for group presentations that lead to one-on-one counseling sessions to address individuals personalized needs.

We were invited to participate in several upcoming events like The Baltimore Healthy Expo and the Senior Expo. We are looking into participating in multiple community events this summer with several local churches to help build a friendship and connection within the community. We have confirmed with two churches to collaborate in their upcoming health events to begin the dialogue of death and dying.

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I was also asked to speak at a women’s international conference. I was able to introduce the conversation and hope to connect with future events they are hosting to help bring the conversation forward.

Key References

The Conversation Project. https://theconversationproject.org/